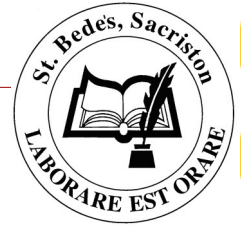


Weekly Dates Letter



Week commencing 21.01.19 Week 17

A Great Start to the New Year!

We are now in our third week of term already and children have settled back in wonderfully. All are working hard and school is calm and productive.

We have had some exciting things happening already this term. Our Year 6 children headed off to Northumbria University with Mrs Maitland and Mrs Alderson to become 'apprentices on campus' for the day. They were a credit to our school and their excellent behaviour was complimented. They also won the puzzle challenge! Many of them are considering university when they grow up after their visit.



We also had 'stay safe, speak out' workshops from the NSPCC for all pupils. The children really understood the message of how they have the right to stay safe (article 6) and what to do if they need help.



The Juniors began their 10 week FISCH (Family Initiative Supporting Children's Health) programme last week. The scheme promotes the importance of healthy eating and physical activity and is part of our PSHE teaching this term. As part of this, Gareth Haley (from the FISCH team) is offering an after school FISCH club to all juniors, starting on Wednesday after school until 4.15pm, if there is enough interest. It will run up until Easter and will be free of charge. Please could you let the office know asap if you would like your child to attend this.

We also held a beautiful 'Welcome' Mass last Thursday. Thank you to all who led this and those that attended.

Fr Chris kindly gave us all some chalk to bless our school with. He also blessed chalk for every family. This will be coming home with your child this evening in a small envelope this evening.

The prayer to use with the chalk is as follows: **'May all who come to our home this year rejoice to find Christ living among us; and may we seek and serve, in everyone we meet, that same Jesus who is your incarnate Word, now and forever.'** You then write '20+C+M+B+19' above the door of your home as a request to Christ to bless your home and all who visit it. The letters represent the initials of the Magi-Caspar, Melchior and Balthazar.

The + sign represents the cross and the numbers mark the year. CMB also stands for 'Christus mansionem benedicat' which means, 'May Christ bless this house.'

Notices

We understand that some children like to bring in cake/sweets when it is their birthday. This is really not necessary as we do celebrate birthdays in school with cards and a small gift. However, if you do wish to do this please could you help us by ensuring the cake is cut in advance. Please also be aware that we have a number of children with allergies in school who cannot eat cake.

If any parent would like to be part of our 'Eco Warriors' group, please could you let the office know.

Our 'Friends of St Bede's' meeting is now taking place on Wednesday 6th February at 3.20pm. All welcome - we would love to see some new faces. :-)

Key dates for the next week

Monday 28th January

9.10am in the school hall

Rights Respecting School award assembly-all welcome.

Tuesday 29th January

Class 3 swimming-please remember kits.

Wednesday 30th January

Ukulele Lessons in school.

Thursday 31st January

9am-Sleep Hygiene Family Learning Session with Dr Ben Greenfield in school hall. All adults welcome.

Does your child have trouble sleeping or with bedtime routines? Now is your chance to ask our Educational Psychologist any questions you may have about this. Dr Greenfield will be discussing how to get your child in to better bed time routines and the importance of good 'sleep hygiene.'

Guitar lessons in school.

PM-School Nurse handwashing session for all infants. Children only.

Right of the Month

'The best interests of the child must be a top priority in all things that affect children.'

Article 3, UNCRC

Please discuss this right with your child and what it means.



Sunday Gospel 'The

Wedding-Feast at Cana.'

John 2:1-11