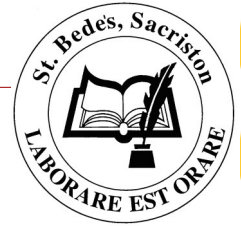


Weekly Dates Letter



Week commencing 04.02.19 Week 5 Spring term

Children's Mental Health Week and E-Safety Day

Last week was a great week in school. Class 1 have been learning about 'people who help us.' Our Reception class had a visit from Mrs Bedingfield, in her role as a nurse. She even arranged for an ambulance to come and the children had a great time looking around this important vehicle. They also now have a lovely teddy called Angel to look after.



Many thanks to Mrs Bedingfield for giving her time, the children thoroughly enjoyed the session.

On Thursday, Dr Ben Greenfield came into school to give a talk on sleep hygiene and how to help your child settle into a good sleep pattern. Many thanks to those who attended, we hope you found it helpful. Some of the advice was to create a 'golden hour' before bedtime, switching all screens off and trying quiet activities such as reading, making the bedroom a place simply for sleep and also saying the same phrase to children before they sleep. See www.sleepcouncil.org.uk for more information.



On Friday, we had great fun in the snow! Please ensure children have wellies/coats etc if this weather continues.



Weekly awards

Head Teacher's Award

Freya

Stars of the week

Catherine, Summer, Evie, Oliver, Liam D, Emi, Kieran.

Best Writing

Ava B, Andrew, Henry

Best Presentation

Charlie B, Hilary, Jessica, James Ra.

Best Behaviour

Scarlett, Lewis, April.

Attendance winners

Class 1—99.17%

Whole school 94.73%. This is below the national average as we have been plagued by illness recently. We are hoping to improve this over the coming months, please help us by continuing to ensure your child is an attendance HERO—Here Every day, Ready and On time.

Just a note

This week is Children's Mental Health Week and E-Safety Day.

On Tuesday we will have our E-Safety day, culminating in an Assembly in the hall, at 2.45pm, where all are welcome to see what the children have learned during the day.

On Thursday we will be hosting a parents 'Time to Talk' session in the hall from 2.15pm-3.15pm. Everyone is welcome, a flyer will be sent home today either with your child or via e-mail depending on how you receive your letters.

We will also be holding a 'Chill and Chat' drop in session for the children in the library every Monday lunch time if they feel they would like to talk.

Please don't forget the two SATS sessions we are running on Wednesday afternoon for Years 2 and 6. Details within the dates panel.

We will be having our Friends of St Bede's meeting on Wednesday, after school. Please try to come along—all help is very gratefully received!

Key dates for the next week

Tuesday 5th February

E-Safety Day

11.00am Class 3 swimming—please remember kits.

1:00pm FISCH session for Classes 3 and 4

2:45pm E-safety assembly in hall—all welcome

Wednesday 6th February

Ukulele Lessons in school.

12:00pm Chinese themed lunch

2:15pm Year 2 parents SATS information session in hall

2:45pm Year 6 parents SATS information session in hall

3:20pm Friends of St Bede's meeting—please try to attend—all welcome.

Thursday 7th February

Guitar lessons in school.

2:15—3:15 Time to talk day—in hall—all welcome

Right of the Month

'Every child has the right to a standard of living that is good enough to meet their physical, social and mental needs.'

Article 27, UNCRC

Please discuss this right with your child and what it means.

Sunday Gospel

Luke 4:21-30

Jesus says that no prophet is ever accepted in his own country.

Do you know anyone perfect for our school?

We are currently advertising for a Deputy Head Teacher. Please see our website for more details.