

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
MAINS Crispy Chicken Burger served in a bun with baked wedges and a side of coleslaw. Pizza Panini – A home-baked panini filled with tomato and 3 cheeses oven baked and served with a side of coleslaw. VG	MAINS Traditional Bolognese pasta bake served with garlic bread and a side of mini corn on the cob. Sticky BBQ Sausage in a baked baguette served with corn on the cob. VG	MAINS Traditional Roast Chicken Dinner – roast chicken served with Yorkshire pudding, Roast potatoes, Carrots, Peas and Gravy. Quorn Roast Dinner – Quorn Fillet served with Yorkshire pudding, Roast potatoes, Carrots, Peas and Gravy. VG	MAINS Cumberland Ring served with mash potatoes, Cauliflower, Green beans and Gravy. Vegetable sausages served with mash potatoes, cauliflower, green beans and gravy. VG	MAINS Oven baked Fish Fingers served with Chips and Baked Beans. GF Margherita Pizza served with Chips and Baked Beans. VG
PICNIC PLATTER Cheese sandwich served with a side of tortillas, side salad and a choice of dessert. VG	PICNIC PLATTER Ham sandwich served with a side of tortillas, side salad and choice of dessert.	PICNIC PLATTER Cheese baguette served with a side of tortillas, side salad and a choice of dessert. VG	PICNIC PLATTER Ham baguette served with a side of tortillas, side salad and a choice of dessert	PICNIC PLATTER Cheese sandwich served with a side of tortillas, side salad and a choice of dessert. VG
DESSERT Ice Cream Pots. VG GF	DESSERT Chocolate Shortbread. VG	DESSERT Blueberry Muffins. VG	DESSERT Lemon Drizzle Cake. VG	DESSERT Fresh Fruit Friday. VG GF

AVAILABLE DAILY: Jacket potatoes with fillings are available daily as an alternative to our main course selections **VG GF**. Fresh Fruit, Cheese and Biscuits and Yoghurts are also available daily as an alternative dessert. A fresh salad bar is available to accompany your child's meal. Also available daily: Tomato and basil pasta served with garlic bread and side salad.

VG
Suitable for Vegetarians

GF
Gluten Free



BISHOP WILKINSON CET PRIMARY SCHOOL'S THREE WEEK MENU CYCLE FOR SPRING 2023

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
MAINS Cajun Chicken Wrap served with oven baked potato wedges served with a side of coleslaw. Macaroni Cheese served with Garlic Bread. VG	MAINS Sausage Pasta Bake served with Garlic Bread. Three Cheese and caramelised leek Quiche served with a side of baked beans. VG	MAINS Traditional Roast Beef served with Yorkshire pudding, Roast Potatoes, Carrots, Peas and Gravy. Quorn Roast Fillet served with Yorkshire pudding, Roast potatoes, Carrots, Peas and Gravy. VG	MAINS Chicken Kofta served with a warm pitta bread, warm rice salad and a side of raita. Margherita Pizza Wrap – Tortilla wrap filled with crushed tomatoes, spring onions and cheese baked in the oven and served with a side of coleslaw. VG	MAINS Oven baked Fish Fingers served with chips and Baked Beans. GF Quorn Nuggets served with chips and baked beans. VG
PICNIC PLATTER Cheese sandwich served with a side of tortillas, side salad and a choice of dessert. VG	PICNIC PLATTER Ham sandwich served with a side of tortillas, side salad and a choice of dessert.	PICNIC PLATTER Cheese baguette served with a side of tortillas, side salad and a choice of dessert. VG	PICNIC PLATTER Ham baguette served with a side of tortillas, side salad and a choice of dessert	PICNIC PLATTER Cheese sandwich served with a side of tortillas, side salad and a choice of dessert. VG
DESSERT Artic Roll. VG	DESSERT Oatie Biscuit. VG	DESSERT Banana and Raspberry Muffin. VG	DESSERT Chocolate Brownie. VG	DESSERT Fresh Fruit Friday. VG GF

AVAILABLE DAILY: Jacket potatoes with fillings are available daily as an alternative to our main course selections **VG GF**. Fresh Fruit, Cheese and Biscuits and Yoghurts are also available daily as an alternative dessert. A fresh salad bar is available to accompany your child's meal. Also available daily: Tomato and basil pasta served with garlic bread and side salad.

VG
Suitable for Vegetarians

GF
Gluten Free



BISHOP WILKINSON CET PRIMARY SCHOOL'S THREE WEEK MENU CYCLE FOR SPRING 2023

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
MAINS Sausage Roll served with herbed cubed potatoes and baked beans. Margherita pizza wrap - tortilla wrap filled with crushed tomatoes, spring onions and cheese, baked in the oven and served with a side of coleslaw. VG	MAINS Chinese Chicken Curry served with Basmati Rice and warm naan bread. Roasted Vegetable panini served with a side of coleslaw. VG	MAINS Traditional Roast Pork served with Yorkshire pudding, Roast Potatoes, Carrots, Peas and Gravy. Quorn Roast Fillet served with Yorkshire pudding, Roast potatoes, Carrots, Peas and Gravy. VG	MAINS Minced Beef and vegetable pie served with Mashed potato, Peas and Gravy. Veggie Burger in a bun served with a side of coleslaw. VG	MAINS Oven baked Fish Fingers served with chips and Baked Beans. GF Margherita Pizza served with chips and baked beans. VG
PICNIC PLATTER Cheese sandwich served with a side of tortillas, side salad and a choice of dessert. VG	PICNIC PLATTER Ham sandwich served with a side of tortillas, side salad and choice of dessert.	PICNIC PLATTER Cheese baguette served with a side of tortillas, side salad and a choice of dessert. VG	PICNIC PLATTER Ham baguette served with a side of tortillas, side salad and a choice of dessert	PICNIC PLATTER Cheese sandwich served with a side of tortillas, side salad and a choice of dessert. VG
DESSERT Ice Cream Pots. VG GF	DESSERT Iced Vanilla Sponge. VG	DESSERT Chocolate Muffin. VG	DESSERT Homemade Flapjack. VG	DESSERT Fresh Fruit Friday. VG GF

AVAILABLE DAILY: Jacket potatoes with fillings are available daily as an alternative to our main course selections **VG GF**. Fresh Fruit, Cheese and Biscuits and Yoghurts are also available daily as an alternative dessert. A fresh salad bar is available to accompany your child's meal. Also available daily: Tomato and basil pasta served with garlic bread and side salad.

VG
Suitable for Vegetarians

GF
Gluten Free



BISHOP WILKINSON CET PRIMARY SCHOOL'S THREE WEEK MENU CYCLE FOR SPRING 2023