



♥ A Journey in Love
Year 5: God loves me in my
changing and development.

Parent Information





Introduction: This resource has as its foundational premise the belief that we are made in the image and likeness of God and, as a consequence, gender and sexuality are God's gift, reflect God's beauty and share in the divine creativity.

In order that children may grow and develop healthily and holistically towards an understanding of their gender and its implications for successful relationships, they must be at ease with themselves and grow in self-knowledge.

Children are encouraged to marvel at the wonder and beauty of God's creative love. The programme focuses on physical, social, emotional, intellectual and spiritual development.

Foreword: At the heart of the Christian faith is love, St John says that God is love (1 John 4:8) and whole purpose of Christianity is to live it as fully as possible in and through love. This means we have to link every aspect of our being, from birth to death, with love.



The alliance of the fullness of ourselves and with love links us with God the Father, through Jesus Christ his Son, and through the Spirit. Jesus accepted himself totally in the incarnation and made himself fully available to the world and to each and every one of us, especially on the Cross, the pinnacle of his love.

Parents and teachers are privileged to assist children every moment of their lives to further this link of love with their humanity and thus with God. The programme outlined in a Journey in Love is a brilliant reconciliation between the human and divine aspects of love and is truly fully Christian in its vision.

The vision is none other than the Kingdom of God, summed up by Jesus in the double commandments of loving God and our neighbour as ourselves.

Dr. Jack Dominian



Year 5

Children will know and become aware of the physical and emotional changes that accompany puberty - sensitivity, mood swings, anger, boredom and grow further in their understanding of God's presence in their daily lives.

Skills:

listening/questioning/speaking/respecting/thinking/empathising/understanding
/communicating

Physical & Intellectual: Children will identify and celebrate the ways they have changed since birth. They will discuss the external and internal changes which happen to boys and girls in puberty.

Social & Emotional: Children will reflect on how their behaviour has changed as they grow up. That expectations are different and are often dependent on their experiences, and treatment by others, and their view of the world in which we live.

Spiritual: Children to share their understanding of change through poetry, prayer and art to enable them to share with each other and celebrate the wonder of change.

To live is to change
and to be perfect
is to have changed often

Cardinal Newman

Parents

Things you could do at home:

- Talk to your child about how they have grown and changed since their birth.
- Look at photographs of your child taken over the years and note the changes in growth and development.
- Discuss that physical development is a natural part of human growth and that physical changes from child to adult means the ability and potential to become a mother or father.

God, grant me the serenity
To accept the things I cannot change;
Courage to change the things I can,
And the wisdom to know the difference.

Amen